

Overdrive Theory Lesson 5

Resources: Clip 15, Clip 16, Resource Sheet 8 and Resource Sheet 9

Lesson Objective: To explore actions, space, dynamics and relationships in *Overdrive*.

Starter Activity: Make four columns up on the board with the following headings: ACTIONS, SPACE, DYNAMICS, RELATIONSHIPS.

Ask the students to contribute key words to each of the headings so that they have a word bank to use to help them with their analysis. Examples might include: Action – jump, roll, turn, flex, rotate. Space – above, below, side, centre, diagonal, large, small. Dynamics – fast, strong, direct, sharp, weighted. Relationships – together, unison, canon, question and answer, group.

Main Lesson: Watch *Clip 15* and complete the chart on *Resource Sheet 8* for the movement that the men perform.

Repeat the task for the women.

Next watch *Clip 16* and consider the following questions:

1. What is the overall effect when the men and women dance together?
2. How do they complement each other?
3. How do they contrast with each other?

Watch *Clip 16* again and ask the students to describe the lighting design. Direct them to the lights that are positioned at the side of the stage, ask what type of effects these create on the dancers' bodies.

Plenary

Finally, look through *Resource Sheet 9* that accompanies this lesson plan. Invite the students to make notes on the colours and designs of the lighting that are used throughout *Overdrive*. How does the lighting design both compliment and contrast with the costume design?