

Overdrive Theory Lesson 2

Resources: Clip 4, Clip 5 and Resource Sheet 3

Lesson Objective: To understand how highlights and contrast can be achieved in choreography through use of dynamics and action. To understand pathways in space.

Starter Activity: Hand out *Resource Sheet 3* to the students and ask them to complete it slotting in the words at the bottom of the sheet. This will form a basic understanding behind the instrumentation of the work.

Main Lesson: Watch 00:00:00 to 00:02:17 of *Clip 4* then stop the clip (after the women have performed). Attention should be drawn to Alston's interpretation of the phrasing.

What are the ways in which the accented highlights are identified by the women's movements? (quick accented pauses). Find the first three accents and pause, briefly discussing each one.

Watch the section again and ask the students to concentrate on the movement in between and create a floor diagram on *Resource Sheet 3* to show the coverage of the space.

Watch from 00:02:17 to 00:03:49 and ask the students before they watch the men, what they notice about the change in dynamic quality. Then watch again and ask the students to note down the pathways for the men.

Watch the remainder of the clip, notice how the dancers weave in and out of each other and how the highlights are accented in the movement. Notice how the use of contrast in body shape of the dancers switches from complementary to contrasting. Complete the picture task on *Resource Sheet 3*.

Plenary: Watch *Clip 5*. Ask the students to comment on how the choreography changes between the rehearsal and performance.